

You may feel fine

But it's good to check



We're all enjoying getting back to a more normal way of life, from seeing friends and family to going out and doing the things we enjoy.

Take a rapid test if you're doing something that puts you at greater risk of catching or passing on COVID-19 or visiting someone who is at higher risk of severe illness from COVID-19.

They're free, easy to do and you get your results within 30 minutes

Lateral flow rapid tests are for people without symptoms
Anyone with symptoms should get a PCR test.

Where can I get a COVID-19 test?

You can get a rapid test in the following ways:

Rapid testing sites

Visit www.cambridgeshire.gov.uk/rapidtesting to find out where these are.

Community collection points

Collect tests to complete at home from PCR testing sites, rapid testing sites or from selected pharmacies. Visit maps.test-and-trace.nhs.uk

Education

Secondary school pupils and college students are being given tests to use at home.

By ordering online for delivery to your home

Visit www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

How long does it take to complete a test?

The test is quick and easy to complete and you will get your result within 30 minutes.

What if I test positive?

If you test positive for Covid-19 you and your household will need to self-isolate. You will also need to arrange a PCR Covid-19 test immediately to confirm your positive LFD result. Book a test at gov.uk/get-coronavirus-test or call 119. Financial support and help with everyday tasks such as shopping is available to help you self-isolate.

What if I test negative?

If you test negative you could still have the Covid-19 infection, as the test doesn't identify everybody with the virus. You still need to follow the national guidelines including 'hands, face, space and fresh air'.

How will my data be used?

You will need to register your details online and give consent for NHS T&T to process your data and contact you with your results. Find out how NHS T&T will use your data at www.gov.uk/government/publications/coronavirus-covid-19-testing-privacy-information

Your information regarding the test may be shared with Cambridgeshire County Council. Find out how the Council will use your data at www.cambridgeshire.gov.uk/residents/coronavirus/coronaviruscovid-19-privacy-notice

